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June 2009

Activity Calendar



Mon	Tues	Wed	Thu	Fri
1 Kelly Warren & His Guitar 11:30	2 Brunch & Learn 10:00 Earthquake Emer- gency Preparedness	3 Birthday Party Arthritis Exercise Class 11:00 Foot Clinic by appt. NO Hot Springs Today	4 Wii games 10:30-Noon	5 Arthritis Exercise Class 11:00 Becky Kimball Easy Listening 11:30 Desert Star Theater 5:00
8 Advisory Council 9:15 a Kelly Warren & His Guitar 11:30 Aunty's Jam Session 3:00	9 Foot Clinic by appt. DI Trip	10 Memory Club 10-12 Arthritis Exercise Class 11:00 Crystal Hot Springs 1:00	11 Chiropractic by appt. Myer's Day SPIKE Club Meeting 12:30 Caregiver's Comfort Club 6 p	12 Card Making with Lorica 10-11 see p 4 Arthritis Exercise Class 11:00 13TH HERITAGE ARTS FESTIVAL
15 Gillies Dollar Day Kelly Warren & Senior Karaoke 11:00	16 Hogle Zoo Open Stamping 1:00	17 Arthritis Exercise Class 11:00 Crystal Hot Springs 1:00 Volunteer Training 5-7	18 Wii games 10:30-Noon	19 Father's Day Luncheon Arthritis Exercise Class 11:00
22 Wendover 7:30 a Kelly Warren & His Guitar 11:30	23	24 Arthritis Exercise Class 11:00 Jerry Jensen Honky Tonk Piano 11:30 Crystal Hot Springs 1:00	25 Card Making with Lorica 10:00 Commodities	26 Integrity Dollar Days Arthritis Exercise Class 11:00 Blood Drive 2-7 27th CAR WASH
29 Happy Feet Kelly Warren & His Guitar 11:30	30	Where would you like to go— what arts and crafts would you like to do? Please let us know if you have something specific in mind. If you are interested in Tole Painting, please contact Vickie or Nancy.		

DAILY

Lunch M-F 12-1
Hall Walking 8-10 a
Library M-F 8-4
Pool Room M-F 8-4
Computer Lab 8-12;1-4
WEEKLY
Advanced Spanish M 10:00 a
Tai Chi M 10:00a
Intermediate Spanish T 10:00
Watercolor T 9:30-12

Square Dance T 7-10 p
Line Dancing M/W 1:00 p
Yoga Tu/Th 4:00 p
Bridge/Pinochle Th 1:00 p
Japanese Bunka Embroidery W 9:00
Ceramics Night Class Cancelled
Tu/Th Ceramics 10-4
Oil Painting Th 10:00
Sit & Be Fit W/F 10:00 a
Tap Dancing W/F 9 a
Water Aerobics W 1:00 (Summer)

Computer classes as scheduled: Contact Nancy to enroll.

GENERAL INFO: Telephone Reassurance, Friendly Visitor, Info. and Referral; Senior Transit M-W-F 723-3303 X18; MOW Hot meals M-F Frozen Sat-Sun.; Please make lunch & To Go reservations one day in advance.